

4100 Spring Valley Road, Suite 168, Farmers Branch, TX 75244

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[www.dallasal-anon.org](http://www.dallasal-anon.org) [info@dallasal-anon.org](mailto:info@dallasal-anon.org)

## Volunteer Form

### Contact Information:

Date: \_\_\_\_\_ Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: Home: \_\_\_\_\_ Wk\*: \_\_\_\_\_ Ext: \_\_\_\_\_

Cell: \_\_\_\_\_ E-mail: \_\_\_\_\_

\_\_\_\_ Al-Anon \_\_\_\_ Alateen Home Group: \_\_\_\_\_

Number of years in Al-Anon: \_\_\_\_\_ *\*Only list work number if you can be called at work.*

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### Office Volunteer (DAIS is flexible if you want to help any amount of time!)

- \_\_\_\_ I am willing to help at the **DAIS Office** for a 3-hour shift:  
\_\_\_\_ Once a month \_\_\_\_ Twice a Month \_\_\_\_ Weekly
- Indicate Preferred Day(s): \_\_\_\_ Mon \_\_\_\_ Tue \_\_\_\_ Wed \_\_\_\_ Thurs \_\_\_\_ Fri
- Indicate Preferred Time: \_\_\_\_ 9:00 am – 12:00 pm \_\_\_\_ 12:00 pm – 3:00 pm Other: \_\_\_\_\_

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### “After Hours” – Phone Volunteer

- \_\_\_\_ I am willing to answer the Twelve Step calls at my home once every (3) three months:  
\_\_\_\_ M, T, W, Th, F (Weekday): 3:00 pm to 9:00 am  
\_\_\_\_ F, Sat, Sun, M (Weekend): 3:00 pm Friday to 9:00 am Monday

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### Newsletter Volunteer

- \_\_\_\_ Help Newsletter Coordinator with articles for the Dal-Anon Now

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### Speaker Volunteer

- \_\_\_\_ I am willing to share in Al-Anon Meetings with:  
\_\_\_\_ My Story \_\_\_\_ The Steps \_\_\_\_ The Traditions \_\_\_\_ The Concepts
- \_\_\_\_ I am available: \_\_\_\_ Days \_\_\_\_ Nights \_\_\_\_ Anytime

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### Service Volunteer

- I am willing to do service work at the following public levels:
  - \_\_\_\_ Taking meetings to hospitals
  - \_\_\_\_ Working at Health Fairs
  - \_\_\_\_ Talking to schools/churches
  - \_\_\_\_ Talking to AA Groups
  - \_\_\_\_ Distributing literature to public facilities
  - \_\_\_\_ Taking meetings to correctional facilities
  - \_\_\_\_ Accompanying others to above

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### -Office Use Only-

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|-------------------------|-------------------------------------|-----------------|
| ____ Office Coordinator | ____ After Hours Coordinator        | ____ Newsletter |
| ____ Speakers List      | ____ Public Outreach / Institutions | ____ Alateen    |