

One Forest Centre  
11615 Forest Central Dr., Suite 211  
Dallas, TX 75243-3936  
Office (214) 363-0461 Spanish (214) 941-6599  
[www.dallasal-anon.org](http://www.dallasal-anon.org) info@dallasal-anon.org

## Volunteer Form

### Contact Information:

Date: \_\_\_\_\_ Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: Home: \_\_\_\_\_ Wk\*: \_\_\_\_\_ Ext: \_\_\_\_\_

Cell: \_\_\_\_\_ E-mail: \_\_\_\_\_

Home Group: \_\_\_\_\_ Al-Anon \_\_\_ Alateen

Number of years in Al-Anon: \_\_\_\_\_

*\*Only list work number if you can be called at work.*

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### Office Volunteer (DAIS is flexible if you want to help any amount of time!)

- \_\_\_ I am willing to help at the **DAIS Office** for a 3-hour shift:  
     \_\_\_ Once a month    \_\_\_ Twice a Month    \_\_\_ Weekly
- Circle Preferred Day(s): **Mon    Tue    Wed    Thurs    Fri**
- Circle Preferred Time: 9:00am-12:00noon                      12:00noon-3:00 pm

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### Phone Volunteer- "After Hours"

- \_\_\_ I am willing to answer the Twelve Step calls at my home once every (3) three months:  
     \_\_\_ M,T,W,Th,F: 3:00pm to 9:00am  
     \_\_\_ F,Sat,Su,M: 3:00pm to 9:00am

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### Speaker Volunteer

- \_\_\_ I am willing to share in Al-Anon Meetings with:  
     \_\_\_ My Story    \_\_\_ The Steps    \_\_\_ The Traditions    \_\_\_ The Concepts
- \_\_\_ I am available: \_\_\_ Days    \_\_\_ Nights

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### Service Volunteer

- I am willing to do service work at the following public levels:  
     \_\_\_ Taking meetings to hospitals  
     \_\_\_ Working at Health Fairs  
     \_\_\_ Talking to schools/churches  
     \_\_\_ Talking to AA Groups  
     \_\_\_ Distributing literature to public facilities  
     \_\_\_ Taking meetings to correctional facilities  
     \_\_\_ Accompanying others to above

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### -Office Use Only-

\_\_\_ Office Coordinator    \_\_\_ After Hours Coordinator    \_\_\_ Public Outreach  
     \_\_\_ Speakers List                      \_\_\_ Alateen