

Al-Anon's District 15 invites you to learn about

Being Healthy in Relationships



*A workshop based on applying
Al-Anon's Twelve Traditions to everyday life*

**1 - 4 p.m.
Saturday, Oct. 18, 2008**

Reformed Church
5333 Independence Pkwy.
Plano, TX 75023

- Speakers:**
- Stacy J.**
Experience, Strength and Hope; Frisco, TX
 - Ross L.**
Lewisville AFG; Lewisville, TX
 - Frank K.**
Legacy Expect a Miracle; Plano, Texas
 - Jackie P.**
Allen AFG; Allen, TX

Discussion in groups will follow speakers.

Snacks provided by District 15.

*Pre-registration requested
Contact Alicia, alicia@gsdelk.com, or call 469-744-9071*